



COURTYARD SPA MENU

Every treatment begins with a Mediterranean foot bath and finishes with a blanket wrap. Services available from 10am to 6pm daily. Early and late appointment time requests accommodated when possible.

COUPLES MASSAGES

Share this relaxing time together. Two therapists offer two massages, soft spa music, chocolate covered strawberries and a glass of champagne for each.

\$300 FOR 75 MINUTES

\$380 FOR 100 MINUTES

\$420 FOR 90 MINUTES WITH HOT ROCK MASSAGE

FULL BODY MASSAGE

Classical massage techniques utilizing light to average pressure, bringing health benefits, tension relief and relaxation.

\$120 FOR 75 MINUTES

\$150 FOR 100 MINUTES

HOT ROCK MASSAGE

Massage using warm rocks placed on the body to soften and warm the muscles in order to stimulate circulation of blood and lymph, clear congestion and evoke a powerful feeling of relaxation.

\$160 FOR 90 MINUTES

\$170 FOR 90 MINUTES WITH EITHER AROMATHERAPY OR SPORTS MASSAGE

SPORTS MASSAGE

Massage for those who like firm pressure for deeper tension relief. It incorporates stretching movements and acupressure. Great for those with injuries, soreness or specific health needs.

\$130 FOR 75 MINUTES

\$160 FOR 100 MINUTES

AROMATHERAPY MASSAGE

Essential oils enhance the effects of a full body massage, bringing a much deeper sense of well-being. Choose from three different oil blends made with highest quality ingredients.

\$130 FOR 75 MINUTES

\$160 FOR 100 MINUTES

HAND, FOOT & HEAD REFLEXOLOGY

Classical massage techniques utilizing light to average pressure, bringing health benefits, tension relief and relaxation.

\$120 FOR 75 MINUTES

\$150 FOR 100 MINUTES

AGE-DEFYING FACIAL

Rejuvenating face treatment using massage techniques that combat aging. Face is cleansed, detoxified and hydrated. Hands are scrubbed, massaged, and moisturized.

\$130 FOR 75 MINUTES WITH FOOT MASSAGE

\$195 FOR 120 MINUTES WITH A FULL BODY MASSAGE

\$240 FOR 135 MINUTES WITH HOT ROCK MASSAGE

SALT SCRUB W/ AROMATHERAPY OILS

Full body exfoliating treatment using sea salt and aromatherapy oils. The whole body is revitalized and the skin is left feeling silky smooth and vibrant.

\$140 FOR 75 MINUTES WITH HAND AND FOOT MASSAGE

\$195 FOR 120 MINUTES WITH A FULL BODY MASSAGE

SONOMA SCRUB AND WRAP

A delightful body scrub using a mixture of all natural organic ingredients and follow by an antioxidant moisturizing wrap. Especially beneficial for those with sensitive or dry skin.

\$140 FOR 75 MINUTES WITH HAND AND FOOT MASSAGE

\$195 FOR 120 MINUTES WITH FULL BODY MASSAGE

COMPUTER DE-COMPRESS

Our skilled therapists begin your 100 minute treatment with a Mediterranean foot bath, heated neck wrap and a cup of "computer de-compress" tea. You are then led to one of our comfortable rooms where a special blend of aromatherapy oils are utilized during your massage to enhance relaxation. A soothing eye treatment/pressure point massage follows and then a cocoon-like blanket wrap to ensure that you can let the relaxed state sink in. Your therapist will then take a few minutes to give a personalized consultation on self-help techniques for the prevention and relief of stress.

\$175 FOR 100 MINUTES