

THE COURTYARD SPA MENU

COUPLES MASSAGE

Share this relaxing time together. Two therapists offer two massages, soft spa music, housemade chocolate truffles and champagne.

\$300 for 75 minutes

\$380 for 100 minutes

\$420 for 90 minutes w/ hot stone

FULL BODY MASSAGE

A gentle yet penetrating palm pressure massage focusing on vitality, clarity and peace of mind.

\$120 for 75 minutes

\$150 for 100 minutes

HOT STONE MASSAGE

Healing stones combine with gliding massage strokes to ease muscles and restore the body's energy and vitality.

\$160 for 90 minutes

\$170 for 90 minutes w/ sports or aromatherapy

DEEP TISSUE SPORTS MASSAGE

Massage for those who like firm pressure for deeper tension relief. Incorporates stretching movements and acupressure.

\$130 for 75 minutes

\$160 for 100 minutes

AROMATHERAPY MASSAGE

Essential oils enhance the effects of a full body massage, bringing a much deeper sense of well-being. Choose from three different oil blends made with highest quality ingredients.

\$130 for 75 minutes

\$160 for 100 minutes

AGE-DEFYING FACIAL

Rejuvenating face treatment using massage techniques that combat aging. Face is cleansed, detoxified and hydrated. Hands are scrubbed, massaged, and moisturized.

\$130 for 75 minutes

SALT SCRUB W/ AROMATHERAPY OILS

Full body exfoliating treatment using sea salt and aromatherapy oils. The whole body is revitalized and the skin is left feeling silky smooth and vibrant.

\$140 for 75 minutes with hand and foot massage

\$195 for 120 minutes with a full body massage

REFLEXOLOGY

Classical massage techniques utilizing light to average pressure, bringing health benefits, tension relief and relaxation.

\$120 for 75 minutes

\$150 for 100 minutes

COMPUTER DE-COMPRESS

Begin with a Mediterranean foot bath, heated neck wrap and a cup of "computer de-compress" tea. A special blend of aromatherapy oils are utilized during your massage to enhance relaxation.

\$175 for 100 minutes

SONOMA SCRUB AND WRAP

A delightful body scrub using a mixture of all natural organic ingredients and follow by an antioxidant moisturizing wrap. Especially beneficial for those with sensitive or dry skin.

\$140 for 75 minutes with hand and foot massage

\$195 for 120 minutes with full body massage

Please note that appointments cancelled within 24 hours of the scheduled time will be charged the full amount of the appointment.